

## Khintchine dichotomy for self-similar measures, Section 5

When a group  $G$  acts on  $X$ ,  $\mu \in \text{prob}(G)$  and  $\nu \in \text{prob}(X)$  we define the measure  $\mu * \nu$  by

$$\mu * \nu(f) = \int_X \int_G f(gx) d\mu(g) d\nu(x), \quad f \in C_C(X).$$

In particular when  $X = G$  with left translation action we can define  $\mu^n = \mu * \dots * \mu$  ( $n$  times).

We continue with the notation  $G = \text{SL}(2, \mathbb{R})$ ,  $X = G/\Lambda$  where  $\Lambda$  is a cocompact lattice. For  $t > 0$ ,  $s \in \mathbb{R}$  we denote

$$a(t) = \begin{pmatrix} \sqrt{t} & \\ & \frac{1}{\sqrt{t}} \end{pmatrix}, \quad u(s) = \begin{pmatrix} 1 & s \\ & 1 \end{pmatrix}.$$

$$P = \{a(t)u(s) : t > 0, s \in \mathbb{R}\} = \left\{ \begin{pmatrix} * & * \\ & * \end{pmatrix}, \text{positive diagonal} \right\} < G.$$

Notation:  $f(x) \ll_{h(x)} g(x)$ : There exists  $c > 0$ , which depends on  $h(x)$ , such that  $f(x) \leq cg(x)$ .

Also,  $f(x) \ll_{h(x)} 1$ : There exists small  $\varepsilon > 0$  which depends on  $h(x)$ , such that  $f(x) \leq \varepsilon$ .

Definition 4.1: Let  $\alpha, \tau > 0$  and  $I \subseteq [0, 1)$ . A Borel measure  $\nu$  on  $X$  is  $(\alpha, B_I, \tau)$ -robust if we can decompose  $\nu = \nu' + \nu''$  such that:

1.  $\nu''(X) \leq \tau$ ,
2.  $\nu'\{\text{inj} < \sup I\} = 0$  (in the cocompact case, this holds even for  $\nu$  if  $\sup I$  is sufficiently small).
3. for every  $\rho \in I, y \in X$  we have  $\nu'(B_\rho y) \leq \rho^{3\alpha}$

If  $\{\rho\}$  we write that  $\nu$  is  $(\alpha, B_\rho, \tau)$ -robust.

Robustness - simplified definition: Let  $\alpha, \rho > 0$ . A Borel measure  $\nu$  on  $X$  is  $(\alpha, \rho)$ -robust if for every  $y \in X$  we have  $\nu(B_\rho y) \leq \rho^{3\alpha}$  (dimension  $\geq \alpha$  at scale  $\rho$ )

## Random walks

Fix  $\mu \in \text{Prob}(P)$  f.s. Assume the support of  $\mu$  is not simultaneously diagonalizable, and  $\mu$  satisfies  $\int_G \log \|ge_1\| d\mu(g) > 0$ .

Proposition 4.2 (for large  $n$ ,  $\mu^n * \delta_x$  is robust): Let  $0 < \kappa < \frac{1}{10}$ . For  $\rho \ll_{\kappa} 1$  and  $n \gg_{\kappa} |\log \rho| + |\log \text{inj}(x)|$ , the measure  $\mu^n * \delta_x$  is  $(1 - \kappa, \rho)$ -robust.

Prop 5.1 (robust implies e.d.) - random walks version: There exist  $0 < \kappa < \frac{1}{10}, \rho_0 > 0$  such that  $\forall 0 < \rho \leq \rho_0$ :

Let  $\nu$  be a  $(1 - \kappa, \rho)$ -robust measure on  $X$  with  $\nu(X) \leq 1$ . Then for any  $n \in \mathbb{N}$  such that  $e^n \in [\rho^{-1/4}, \rho^{-1/2}]$ , for any  $f \in C_c^\infty(X)$  with  $m_X(f) = 0$ , we have

$$|\mu^n * \nu(f)| \leq \rho^\kappa S(f).$$

(Sobolev norm of  $f$ ).

Theorem C: There exists a constant  $c > 0$  such that for  $x \in X, n \geq 1$  and  $f \in C_c^\infty(X)$  we have

$$\mu^n * \delta_x(f) = m_X(f) + O(\text{inj}(x)^{-1} S(f) e^{-cn}).$$

Suffices to prove for  $f$  with  $m_X(f) = 0$  that  $|\mu^n * \delta_x(f)| \leq O(\dots)$

Proof of Theorem C: Let  $\kappa, \rho_0$  be as in Prop 5.1. By prop 4.2, for  $\rho \ll 1, m \gg |\log \rho| + |\log \text{inj}(x)|$ ,  $\nu := \mu^m * \delta_x$  is  $(1 - \kappa, \rho)$ -robust. Choose  $n > m$  such that  $n - m \in [\frac{1}{4}|\log \rho|, \frac{1}{2}|\log \rho|]$ , then by Prop 5.1,

$$|\mu^n * \delta_x(f)| \leq \rho^\kappa S(f).$$

## Fractals

The proof of Theorem B uses the same idea but is much more technical.

Let  $\sigma$  be a self-similar probability measure on  $\mathbb{R}$ . For  $t > 0$ , we define  $\eta_t \in \text{prob}(G)$  as follows: For  $f \in C_c(X)$ ,

$$\eta_t(f) = \int_{\mathbb{R}} f(a(t)u(s)) d\sigma(s).$$

Theorem B: There exists a constant  $c = c(\Lambda, \sigma) > 0$  such that for all  $t > 1, x \in X, f \in C_c^\infty(X)$  we

have

$$\eta_t * \delta_x(f) = \int_{\mathbb{R}} f(a(t)u(s)x) d\sigma(s) = m_X(f) + O\left(\frac{1}{\text{inj}(x)} S(f)t^{-c}\right).$$

Self-similar measures via random walks:

$\sigma$  as above. Let  $\phi_1, \dots, \phi_m : \mathbb{R} \rightarrow \mathbb{R}$  be contracting invertible affine maps without a global fixed point, and  $(\lambda_1, \dots, \lambda_m) \in \mathbb{R}^m$  a probability vector such that

$$\sigma = \sum \lambda_i (\phi_i)_* \sigma. \quad (\blacktriangle)$$

In fact they show that WLOG we may assume  $\phi_i \in \text{Aff}^+(\mathbb{R})$ .

We can think of  $(\lambda_i)$  as a probability measure on the group  $\text{Aff}^+(\mathbb{R})$ :

$$\lambda = \sum_i \lambda_i \delta_{\phi_i}.$$

Then Equation  $(\blacktriangle)$  is equivalent to:  $\lambda * \sigma = \sigma$

We can identify  $\text{Aff}(\mathbb{R})^+$  with  $P$  as follows: for  $g \in P$  there are unique  $r = r_g > 0, b = b_g \in \mathbb{R}$  such that  $g = a(r)^{-1}u(b) = \begin{pmatrix} r^{-1/2} & r^{-1/2}b \\ & r^{1/2} \end{pmatrix}$ . We identify  $g$  with the affine map  $s \mapsto rs + b$ . This is an anti-isomorphism between those groups. The measure on  $P$ , corresponding to  $\lambda$ , is denoted by  $\mu$ . The following lemma (the idea of Barak and Simmons) relates  $\eta_t$  and  $\mu$ .

Lemma 5.4: Given  $t > 0, n \in \mathbb{N}$ , we have

$$\eta_t = \int_P \eta_{r_g t} * \delta_g d\mu^n(g).$$

Proof: Since  $\sigma$  is  $\lambda^n$  stationary, for  $f \in C_c(G)$ ,

$$\begin{aligned} \eta_t(f) &= \int_{\mathbb{R}} f(a(t)u(s)) d\sigma(s) = \int_{\mathbb{R}} \int_{\text{Aff}^+(\mathbb{R})} f(a(t)u(\phi(s))) d\lambda^n(\phi) d\sigma(s) \\ &= \int_{\mathbb{R}} \int_P f(a(t)u(r_g s + b_g)) d\mu^n(g) d\sigma(s) \end{aligned}$$

For any  $s \in \mathbb{R}$  and  $g \in P$ ,

$$\begin{aligned} a(t)u(r_g s + b_g) &= a(t)a(r_g)u(s)a(r_g)^{-1}u(b_g) \\ &= a(r_g t)u(s)g \end{aligned}$$

and hence we get

$$= \eta_t(f) = \int_{\mathbb{R}} \int_P f(a(r_g t)u(s)g) d\mu^n(g) d\sigma(s) = \int_P \eta_{r_g t} * \delta_g(f) d\mu^n(g).$$

Prop 5.1 - fractals version: There exist  $\kappa, \rho_0 > 0$  such that the following holds for all  $0 < \rho \leq \rho_0$ .

Let  $\nu$  be a Borel measure on  $X$  that is  $(1 - \kappa, \rho)$ -robust and  $\nu(X) \leq 1$ . Then for any  $t \in [\rho^{-1/4}, \rho^{-1/2}]$ , for any  $f \in C_c^\infty(X)$  with  $m_X(f) = 0$ , we have

$$|\eta_t * \nu(f)| \leq \rho^\kappa S(f)$$

Proof sketch of Theorem B: First observe that for any  $r_0, r_1 > 0$ ,

$$\eta_{tr_0} = \delta_{a(r_0 r_1^{-1})} * \eta_{tr_1}$$

and hence for any finite Borel measure  $\nu$  on  $X$ , we get

$$|\eta_{tr_0} * \nu(f) - \eta_{tr_1} * \nu(f)| \ll |\log(r_0 r_1^{-1})| \nu(X) S(f).$$

Let  $\rho > 0$ , consider a parameter  $\alpha \in (0, 1)$  to be specified later, and set  $R = \{(1 + \rho^\alpha)^k : k \in \mathbb{Z}\}$ .

For every  $r \in R$ , denote by  $\mu_r^n$  the restriction of  $\mu^n$  to the set  $\{g \in P : r_g \in [r, r(1 + \rho^\alpha))\}$ . Then by

the previous lemma

$$\begin{aligned} |\eta_t * \delta_x(f)| &\leq \sum_{r \in R} \left| \int_P \eta_{trg} * \delta_g d\mu_r^n(g) * \delta_x(f) \right| \\ &\leq \sum_{r \in R} \left| \int_P \eta_{tr} * \delta_g d\mu_r^n(g) * \delta_x(f) \right| + O(\rho^\alpha S(f)) = \sum |\eta_{tr} * \mu_r^n * \delta_x(f)| + O(\dots). \end{aligned}$$

From the proof gets very technical but here is the key point: by Prop 4.2  $\mu_r^n * \delta_x$  is robust for appropriate constants and hence by Prop 5.1,

$$|\eta_{tr} * \mu_r^n * \delta_x(f)| \leq \rho^\kappa S(f).$$

### Proof of Prop 5.1

Our next goal is to prove Prop 5.1.  $G$  acts on  $L^2(X, m_X)$ : for  $g \in G$  and  $f \in L^2$  the action is  $(g.f)(x) = f(g^{-1}x)$ . This is a unitary representation of  $G$ . We will use the following known formula: there exists a constant  $\delta_0 > 0$  such that for any  $f \in C_c^\infty(X)$  with  $m_X(f) = 0$  and any  $g \in G$  we have

$$|\langle g.f, f \rangle| \ll \|g\|^{-\delta_0} S(f)^2.$$

For  $t > 0$ , define the markov operator  $P_{\eta_t} : L^2(X, m_X) \rightarrow L^2(X, m_X)$  by

$$P_{\eta_t} f(x) = \int_G f(gx) d\eta_t(g) = \eta_t * \delta_x(f).$$

Note that  $P_{\eta_t}$  is well defined on  $L^2$ .

Prop 5.2 (spectral gap):  $\exists c > 0$  s.t. for any  $f \in C_c^\infty(X)$  with  $m_X(f) = 0$  we have

$$\forall t > 1, \quad \|P_{\eta_t} f\|_{L^2} \ll t^{-c} S(f).$$

Proof: Using the above formula we get

$$\begin{aligned}
\|P_{\eta_t} f\|_{L^2}^2 &= \langle P_{\eta_t} f, P_{\eta_t} f \rangle = \int_G \int_G \langle g^{-1} \cdot f, h^{-1} \cdot f \rangle d\eta_t(g) d\eta_t(h) \\
&= \int_G \int_G \langle hg^{-1} \cdot f, f \rangle d\eta_t(g) d\eta_t(h) \ll S(f)^2 \int \int \|hg^{-1}\|^{-\delta_0} \\
&= S(f)^2 \int_{\mathbb{R}} \int_{\mathbb{R}} \|a(t)u(s_1)u(-s_2)a(t)^{-1}\|^{-\delta_0} d\sigma(s_1) d\sigma(s_2)
\end{aligned}$$

The group element equals  $u(t(s_1 - s_2))$  and hence

$$\|P_{\eta_t} f\|_{L^2}^2 \ll S(f)^2 \int \int \max\{1, t|s_1 - s_2|\}^{-\delta_0} d\sigma(s_1) d\sigma(s_2)$$

Let

$$E = \{(s_1, s_2) : t|s_1 - s_2| \leq t^{1/2}\} \subseteq \mathbb{R}^2.$$

Alon told us that there exists  $c$  such that for every  $r > 0$   $\sigma(\text{any ball of radius } r) \ll r^c$ , and it follows that  $\sigma^{\otimes 2}(E) \ll t^{-c}$ . Hence, the last integral

$$\int \int_{\mathbb{R}^2} = \int \int_E 1 + \int \int_{\mathbb{R}^2/E} t|s_1 - s_2|^{-\delta_0} + \ll t^{-c} + t^{-\delta_0/2}.$$

Robustness - simplified definition: Let  $\alpha, \rho > 0$ . A Borel measure  $\nu$  on  $X$  is  $(\alpha, \rho)$ -robust if for every  $y \in X$  we have  $\nu(B_\rho y) \leq \rho^{3\alpha}$ .

Proof of prop 5.1: For  $0 < \rho \leq \rho_0$  define the measure

$$\nu_\rho(f) = \frac{1}{m_G(B_\rho)} \int_X \int_{B_\rho} f(gx) dm_G(g) d\nu(x)$$

The first step (which we skip) is to show that  $\nu_\rho$  is a.c. w.r.t.  $m_X$  and

$$\frac{d\nu_\rho}{dm_X}(x) = \frac{\nu(B_\rho x)}{m_G(B_\rho)}.$$

It follows from the robustness:

$$\left\| \frac{d\nu_\rho}{dm_X}(x) \right\|_{L^\infty(m_X)} \ll \frac{\rho^{3-3\kappa}}{\rho^3} = \rho^{-3k}.$$

For any  $t > 1$ ,

$$\begin{aligned} |\eta_t * \nu(f)| &= \left| \int \int f(gx) d\eta_t(g) d\nu(x) \right| = \left| \int_X P_{\eta_t} f d\nu \right| \\ &\leq \left| \int *d\nu_\rho \right| + \left| \int *d(\nu_\rho - \nu) \right| \end{aligned}$$

For the first term:

$$\begin{aligned} \left| \int *d\nu_\rho \right| &= \left| \int P_{\eta_t} f \frac{d\nu_\rho}{dm_X} dm_X \right| \leq \|P_{\eta_t} f\|_{L^1(m_X)} \left\| \frac{d\nu_\rho}{dm_X} \right\|_{L^\infty(m_X)} \\ &\leq \|P_{\eta_t} f\|_{L^2} \left\| \frac{d\nu_\rho}{dm_X} \right\|_{L^\infty(m_X)} \ll t^{-c} S(f) \rho^{-3k}. \end{aligned}$$

It can be shown that the second term is  $\ll \rho t S(f)$ . Taking  $t \in [\rho^{-1/4}, \rho^{-1/2}]$  completes the proof.